



## Zip-Up 6 Stitch Cable Vest

Recipe makes 1 sweater vest.

Pattern designed and written by Jennifer Bianchi © 2007

Written for Lynda

### Supplies:

Cable Needle

Zipper of choice to fit sweater

Size 7 or 8, 32 in. circular needle

Size 7 or 8, 16 in. circular needle

Worsted Weight Yarn – 1,000 yds.

Suggested yarn (Plymouth Encore)

Pattern written for size medium (other sizes are *small*, and *large*)

Gauge is 20 sts to 4 inches (5 sts per inch)

### Cable Pattern:

Used throughout the pattern (up to the arm decreases) accept for the ribbing row

Starts on a wrong side row

Row 1: k2, p1, k2, (p6, k2, p1, k2 – repeat till 5 sts left), k2, p1, k2

Row 2: p2, k1, p2, (k6, p2, k1, p2 – repeat till 5 sts left), p2, k1, p2

Row 3: Repeat row 1

Row 4: Repeat row 2

Row 5: Repeat row 1

Row 6: CABLE ROW p2, k1, p2, (place 3 sts on cable needle, k next 3 sts, k 3 sts from the cable needle, p2, k1, p2 – repeat till 5 sts left), p2, k1, p2

Row 7: Repeat row 1

Row 8: Repeat row 2

Cast on 346-348 (302-304 sts, 390-392) (which ever gives you 2 purl stitches at the beg. and end of the right side facing row). If 348 (302,390) sts were used, decrease 2 sts in back of vest on last row of ribbing.

### Ribbing:

P2, K2 ribbing for 2 -3 inches.

End ribbing on a right side row (so next row will be on the wrong side).

Start cable pattern.

### Bottom/Chest of Sweater:

After 2 inches of ribbing start knitting the cable pattern from above (repeating rows 1-8) till it measures 12 inches including ribbing. Start arm hole decreases. If a longer vest is desired, knit to 16 inches.

### Arm Hole Decreases:

Before starting arm hole decreases you will need to separate the stitches on your needle into three sections (front left, front right, and back).

Front left of the sweater should have 86 (76,97) sts, front right should also have 86 (76,97) sts, and the back should have 174 (150,196) sts. You can put these on separate needles to knit from later, or on waste yarn.

LEFT: Starting with the wrong side facing, b.o. 10 (8,12) sts., k/p to the cable pattern the rest of the row.

Next row; k/p to the cable pattern till you have two sts left, k2 tog.

Row A: (wrong side row) k/p to the cable pattern with no decreases

Row B: (right side row) k/p to the cable pattern and at the arm hole shaping, k last 2 sts tog.

Alternate rows "A" and "B" for a total of 16 rows (8 decreased sts.)

RIGHT: Starting with the right side facing, b.o. 10 (8,12) sts, k/p to the cable pattern the rest of the row.

Next row; k/p to the cable pattern till you have two sts left, k2 tog.

Row C: (right side row) k/p to the cable pattern with no decreases

Row D: (wrong side row) k/p to the cable pattern and at the arm hole shaping, k last 2 sts tog.

Alternate rows "C" and "D" for a total of 16 rows (8 decreased sts.)

BACK: Starting with the right side facing, b.o. 10 (8,12) sts, k/p to the cable pattern for the rest of the row.

Next row; b.o. 10 (8,12) sts., k/p to the cable pattern till two sts left on needle and k2 tog.

Row E: (right side row) k/p to the cable pattern till 2 sts left on the needle, k2 tog.

Row F: (wrong side row) k/p to the cable pattern till 2 sts left on the needle, k2 tog.

Alternate rows "E" and "F" for a total of 16 rows (8 decreased sts at each end)

For each section, k/p to cable pattern (after the decreases have been made) till it reaches 18.5 inches in length including the ribbing. For the longer vest option, knit till garment measures 22.5 inches.

### Neck Shaping:

With knitting still in sections follow the directions below for each separate section.

LEFT: Starting with the right side facing

Row G: (right side row) k2 tog, k/p to the cable pattern for the rest of the row

Row H: (wrong side row) k/p to the cable pattern for the entire row

Alternate rows "G" and "H" for 12 rows (6 decreased sts.)

RIGHT: Starting with the wrong side facing

Row I: (wrong side row) k2 tog, k/p to the cable pattern for the rest of the row

Row J: (right side row) k/p to the cable pattern for the entire row

Alternate rows "I" and "J" for 12 rows (6 decreased sts.)

### Optional Shoulder Shaping:

\* If not doing the shoulder shaping, k/p to cable pattern for three rows on each section and then either bind off all sts on needle, or use a 3 needle b.o. to complete seem. Each section should measure 20in or 24in for longer vest.

Knit each section (left, right and back) till they reach 19.5 or 23.5 inches including the ribbing.

Follow directions for each section below:

LEFT: Starting with a wrong side facing row  
Bind off 7 sts, k/p to cable pattern for the rest of the row  
K/p to the cable pattern with no decreases  
Bind off 7 sts, k/p to the cable pattern for the rest of the row  
Bind off the rest of the sts on the needle.

RIGHT: Starting with a right side facing row  
Bind off 7 sts, k/p to cable pattern for the rest of the row  
K/p to the cable pattern with no decreases  
Bind off 7 sts, k/p to the cable pattern for the rest of the row  
Bind off the rest of the sts on the needle.

BACK: Starting with the right side facing  
Bind off 7 sts, k/p to cable pattern for the rest of the row  
Bind off 7 sts, k/p to the cable pattern for the rest of the row  
K/p to the cable pattern with no decreases  
Bind off the rest of the sts on the needle

#### Finishing:

Seem together the shoulders and weave in any loose ends.  
Sew on zipper with whip stitch or a sewing machine.

#### Arm Hole Ribbing:

Pick up stitches with either a short circular needle or two longer ones and k2, p2 around opening for 5 rows.  
B.O. in pattern and weave in ends. Be sure to pick up the stitches with the right side of the vest facing you. It makes for a cleaner edge outside.

#### Neck:

Option 1: Pick up stitches around the collar. Use the k2, p2 pattern making sure that you start and end with 2 knit sts.

K/p for 3 inches and b.o.

Fold ribbing in half and stitch to inside of vest collar with a hidden stitch or a whip stitch.

Option 2: Pick up stitches with the inside of the vest facing you. Use the k2, p2 pattern making sure that you start and end with 2 knit sts.

K/p for 3 - 4 inches and bind off.

Fold collar over toward outside edge and either tack in place or block.

Option 3: (hood) Pick up stitches around collar right side facing, with a circular needle and continue with pattern below till it measures 13 inches. Then b.o. with a 3 needle bind off. Where the single cable is not, k right side, p wrong side.

Right Side: (knit side) p2, k1, p2, k6, p2, knit to 13 sts left, p2, k6, p2, k1, p2 (cabled every 6 of 8 rows)

Wrong Side: (purl side) k2, p1, k2, p6, k2, purl to 13 sts left, k2, p6, k2, p1, k2

When you have reached 9 inches, start decreases for the back of the hood.

Mark the center stitch with a stitch marker. If a center stitch is not obtainable from the number of stitches you have, k2 tog to obtain the center stitch. Continue to follow Right Side and Wrong Side rows throughout decreases.

Decrease on knit (right side) only on either side of the center stitch as follows: ssk, k1, k2 tog (continue with cable pat.)

Decrease till you reach a total of 13 inches for the hood. With stitches left on needles b.o. with a 3 needle bind off.

Weave in loose ends.

Optional Pockets:

RIGHT: Cast on 32 sts.

Alternate knit and purl rows for 15 rows. Beg. with a knit row.

Row 16: with wrong side facing purl row to 3 sts left, p2 tog, p1

Row 17: k1, k2 tog, knit rest of row

Repeat rows 16 and 17 four more times.

Row 26: wrong side row, purl across row till 3 sts left, p2 tog, p1

Alternate knit and purl rows with no decreases for 10 more rows.

Bind off and weave in any loose ends.

LEFT: Cast on 32 sts.

Alternate knit and purl rows for 15 rows. Beg. with a knit row.

Row 16: with wrong side facing p1, p2 tog, purl rest of row

Row 17: Knit row to last 3 sts, k2 tog, k1

Repeat rows 16 and 17 for more times.

Row 26: wrong side row, p1, p2 tog, purl rest of row.

Alternate knit and purl rows with no decreases for 10 more rows.

Bind off and weave in any loose ends.

Sew on pockets from wrong side of sweater.

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